

SakyadhitaCanada

Association of Buddhist Women

Sakyadhita Newsletter 35

Full Moon September, 2014

Borobudur, Indonesia



SPONSORSHIP TO ATTEND THE 14TH SAKYADHITA INTERNATIONAL CONFERENCE

Sakyadhita Canada is excited to announce that we will be sponsoring two participants to attend the next international conference in Indonesia. The two scholarships will be for \$1000.00 each. Sakyadhita Canada encourages applications from both nuns and laywomen, who are Canadian citizens or permanent residents.

For further information and an application form, please email us at info@sakyadhitanada.org

Deadline for sponsorship applications: October 31st, 2014 www.sakyadhitanada.org

The 14th Sakyadhita International Conference for Buddhist Women is

June 23-30th, 2015 in Yogyakarta, Indonesia. The conference theme is "Compassion and Social Justice".

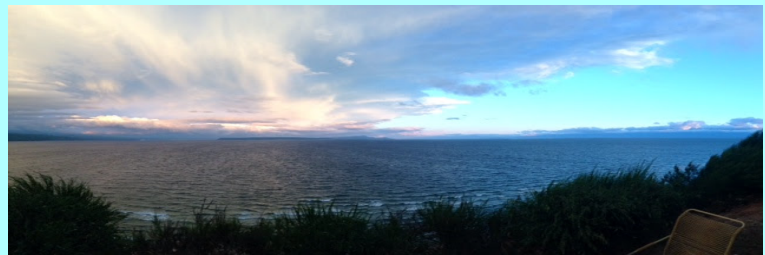
Yogyakarta was the center of a refined and sophisticated Javanese Hindu-Buddhist culture, beginning in the 8th Century CE. **Borobudur** is a well-known Buddhist temple in the area.

More information about the conference is available on the



HARVEST MOON

This is called a Harvest Moon as it is the closest full moon to the Fall Equinox, which will be on September 22. Day and night will be of equal length. A time of balance, and equality.

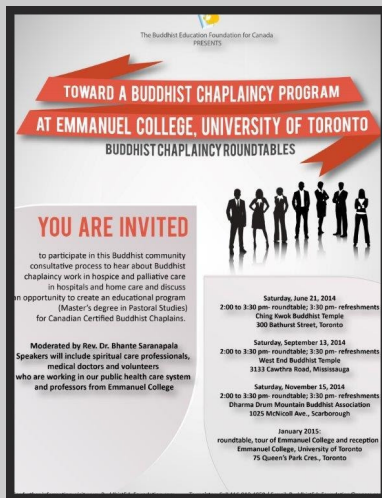


Enmity

***He insulted me, hit me, beat me, robbed me:
For those who brood on this, hostility isn't stilled.
He insulted me, hit me, robbed me:
For those who don't brood on this, hostility is stilled.***

***Hostilities aren't stilled through hostility ---
Regardless.
Hostilities are stilled through non-hostility:
This is an unending truth.***

Unlike those who don't realize we are here



Sat. Sept. 13 Mississauga
Sat. Nov. 15 Scarborough
Jan. 2015 Toronto

For more information visit:
BuddhistEduFoundation
To register:
416-910-4858

Memberships

We invite those who share the goals and objectives of Sakyadhita Canada to join as members.

Please support us,
[CLICK HERE](#)

or, if you prefer by regular mail
download the
membership/dana form.
[CLICK HERE](#)

Please share with your friends and
anyone interested.
Your support and participation are
important to all of us.

Sakyadhita Canada always welcomes
and appreciates your ideas, suggestions
and talents - we would be happy to hear
from you!

Please
contact: info@sakyadhitacanada.org

CYMD
CHANGE YOUR MIND DAY

***On the verge of perishing,
Those who do:
Their quarrels are stilled.***

Dhammapada Chapter 1 (3-5)

For most of us, it is not difficult to think of an incident where we have considered ourselves to have been mistreated. As counter intuitive as it may seem, the "mistreatment" is less important than how we deal with it. Do we go to the Dhamma for refuge, or do we get stuck in Samsaric thinking? One leads to peace, one leads to conflict. It really is as simple as that. It seems as if something is taking place outside our mind, but what is happening is our experience of what is taking place.

Whatever situation we may find our self in, it is not our experience. What is, is our reaction to the situation. This is the point where karma, or choice, conditions not only our present moment, but also future moments. All situations are actually opportunities to strengthen our minds. When we go to the Dhamma for refuge, we exercise mindfulness and right understanding, cultivating loving kindness and compassion for all involved in the situation, one's self included. With practice, this becomes automatic ---- as automatic as the Samsaric reaction that most of us are more familiar with. Going to the Dhamma is not always easy. In fact, in the beginning, it usually isn't; however, we are told in the Pali Cannon, that those who have, with persistent practice, mastered their minds, enter into and reside, in a perpetual state of loving kindness, compassion, equanimity and joy. We are also told by the Buddha that we can do it, that it is do-able. If we keep in mind the outcome --- a total lack of conflict --- persistently choosing peace becomes not only easier, but a joy in itself.

Sāraṇi

Sakyadhita Canada Supporters

Bev Bunker is a professional artist living in St Albert, Alberta, and works out of her home studio where she has created paintings for over 30 years. Bev has taught Buddhist women the joyful art of card-making featuring Buddhist themes.



The International Buddhist Foundation of Canada (IBFC) coordinated the annual public gathering for Change Your Mind Day (CYMD), bringing together many of the Buddhist organizations and temples in Calgary. This was the fourth year, and Sakyadhita Canada was delighted to take an active part in day's celebration. This family event was free of charge and took place on a sunny day, in a beautiful city park. A most enjoyable day !



For more pictures, and information
www.sakyadhitanada.org



Click on the image above to see what is going on with Sakyadhita Canada on Facebook. You don't have to be a Facebook member to have a look.



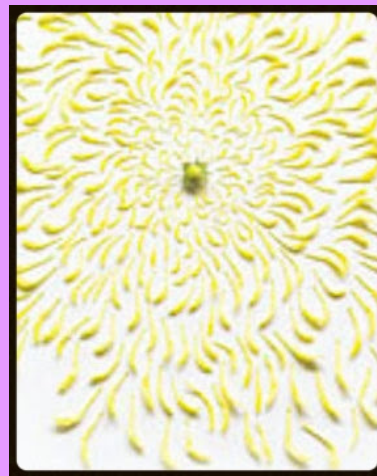
Bev stands in front of one of her paintings called
' Canola Sunshine.'

" I have done many landscapes with canola fields in them because they are so indicative of the Canadian Prairies and they are so colourful and cheerful."

Visit her website/blog at
www.bevbunker.com

We at Sakyadhita Canada are always please to hear from our members.

New Publications:



Flowers on the Rock
Global and Local Buddhism in Canada.
Edited by Harding, Hori & Soucy
A recent publication that examines the growth of Buddhism in Canada, that appeals to scholars and students of Buddhism. An article of interest in this edition by Mavis Fenn (a recent SC board member) titled Dhammadinna and Jayanta: Daughters of the Buddha in Canada. <http://www.mqup.ca/flowers-on-the-rock->

Buddhapuja (Training Principles)

By Prof Suwanda Sugunasiri

The full text of the Buddhapuja, in Pali, as practiced in Theravada countries, with English translation. This is available for free distribution by going to the SC website,

Resources. <http://www.sakyadhitanada.org/resources.html>