

SUMMER SOLSTICE 2014
Saturday June 21st
3:51 am (PT)



**VESAK CELEBRATION
MAY 31, 2014
MISSISSAUGA ONTARIO**

Buddhists from all traditions joined together on May 31st, in Mississauga, Ontario to celebrate the Buddhist festival of Vesak. Sakyadhita Canada participated in the day's events, with Sister Tinh Quang and other members from the area attending. A booth was beautifully set up and brochures and bookmarks offered. Thanks to all who gave so generously of their time and presence.



members at event

Memberships

You may have noticed that the monthly contribution from Sarani in the May newsletter, was a repeat from the March newsletter. Oopps! We are sorry for that mix-up. (but perhaps we needed hear it again!) This month we will put in the verse which directly related to Vesak. Thank you for your understanding and support.

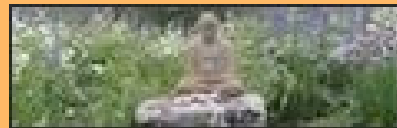
*****ATTENTION netletter recipients...**

Canada's new anti-spam legislation law will enter into effect on July 1, 2014. Once the law is in force, it will help to protect Canadians while ensuring that organizations can continue to operate via electronic media.

If for any reason you prefer not to receive newsletters in the future from Sakyadhita Canada, please use the "unsubscribe" feature at the bottom of the page.

We will inform you of any additional updates regarding this issue in our future newsletters.

Thank you,
Sakyadhita Canada



**MAHĀPARINIBBĀNA SUTTA
(The Great Passing)**

Morality, Concentration, Wisdom & Final Release

*These glorious things Gotama came to know.
The Dhamma he discerned he taught his disciples.*

*He whose vision ended woe,
To Nibbana has gone.*

DN 16.4.3

Vesak 2557 is a time that many will be celebrating Visakha Puja with much joy and reverence, and with gratitude to the Buddha for sharing his vision. It is also a time when many

We invite those who share the goals and objectives of Sakyadhita Canada to join as members. Please support us, [CLICK HERE](#) or, if you prefer by regular mail download the membership/dana form. [CLICK HERE](#) Please share with your friends and anyone interested. Your support and participation are important to all of us. Generosity and kindness help to nurture and encourage Dhamma (the teachings of the Buddha) in our day-to-day lives. Sakyadhita Canada always welcomes and appreciates your ideas, suggestions and talents - we would be happy to hear from you! Please contact: info@sakyadhitacanada.org



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wonder exactly what that vision is. He was very clear when he told all who were interested that he taught one thing, suffering and the end of suffering. Naturally, this one thing required much explaining. What is suffering? What causes it? What is the escape from it? And what is the route of escape from it? But, the really big question in many minds, "When escape is realized what is there?" is rarely addressed. Here, we are asked to "Come and see." and told that through practice we, too, can have the exact same vision that the Buddha realized. We are, however, given some information. We are told that the mind is luminous and free from defilements. We are also told that, "There is an unborn, an unbought into being, an unmade, an unformed and if there were not, there would be no escape made known here..." But, the most important thing that we are told is that speculation is not the answer, we must see for ourselves. That nothing, not the Buddha, or Gods, or our intellect, can take the mind to the place of Luminosity. We are told that through the eradication of greed and hatred and delusion we come to Luminosity. We do this in the same way that the Buddha did --- in the same way that all Buddhas, past, present and future have and will. We open our minds to Wisdom, through practice. If we were not able to do this the Buddha would have told us so. Instead he told us to come and see. So, on this special day, and on all days, we can rest assured, that we, like the Buddha can realize the end of woe. That we, too, can rest in Luminous Mind. Sāraṇi



Helping Hands

An Anthology of Canadian Buddhist Women

We're currently seeking contributors. for this upcoming book . Please email tanyamcg@gmail.com for details

For release Spring 2015

***Announcing 'Helping Hands' -
An Anthology of Canadian Buddhist
Women's Writing***

by Tanya McGinnity

I am honoured beyond belief to announce that I will be working with Canadian Buddhist book publisher Sumeru Books to curate and edit a collection of writings by Canadian Buddhist women set to be released in the Spring of 2015.

With a working title of 'Helping Hands', the anthology will showcase the writing of Canadian Buddhist women who are teaching, studying and practicing the Dharma north of the 49th parallel. Featuring a diverse set of voices ranging from young and old, East Coast to West Coast and with writers from a variety of backgrounds, this book hopes to express the mosaic nature, which has been pegged as inherently and uniquely Canadian. All profits will go to the [Tzu Chi Foundation Canada](#) to help continue all of the essential activities they are undertaking to enhance and enrich the lives of women and their families.

If you wish to participate or would like to receive additional information, please don't hesitate to contact me.

tanyamcg@gmail.com

Also please spread the word amongst your networks should you know of anyone that may be interested in getting involved. This is a valuable opportunity to both share your voice and wisdom as well as to do good for an amazing cause.

For additional details on the project...

<http://www.sumeru-books.com>